

Downham Nutrition Partnership invites you to...



Health In Our Hands?

Is Healthy Eating the answer to all life's problems?

An event for interested residents, parents, young people, policy influencers and community, health and education workers

Come and;

- 1) Find out what is going on (in relation to healthy eating)
- 2) Tell us what you are doing now
- 3) Explore what is possible—bring lots of ideas!
- 4) Plan how to do this

Followed by a light supper

Tuesday 11th November @ 5:30 PM

Downham Way Family Church

RSVP Helen.tattersfield@gp-G85716.nhs.uk